



In this Issue

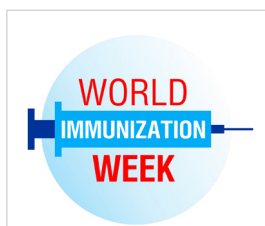
World Health Day –
7 April



World Haemophilia
Day – 17 April



World Immunisation
Week –
24 – 30 April



World Health Day

7 April 2025

Celebrating Healthy Beginnings for a Hopeful Future

Every year on April 7, we celebrate World Health Day, marking the anniversary of the World Health Organisation (WHO), founded in 1948. In 2025, the focus is on healthy beginnings and hopeful futures, highlighting the importance of maternal and newborn health.

This year's campaign is all about saving lives and ensuring long-term well-being for mothers and babies. WHO and health experts worldwide are urging governments, healthcare providers and communities to take stronger action to end preventable maternal and newborn deaths. They'll also be sharing vital information on healthy pregnancies, safe births and better postnatal care.

Why This Matters

Right now, the numbers tell a heartbreaking story¹:

- 300,000 women die each year due to pregnancy or childbirth-related complications.
- Over 2 million newborns die in their first month of life.
- Another 2 million babies are stillborn.

With the right care and support, we can help every mother and baby not just survive but thrive.

What Can Be Done

Improving maternal and newborn health requires simple but effective interventions, including:

- Antenatal Care – Regular check-ups to monitor pregnancy and detect risks early.

- Safe Delivery – Access to clean, well-equipped facilities and skilled birth attendants.
- Postnatal Care – Ensuring mothers and newborns receive essential care after birth.
- Immunisation – Protecting against preventable diseases.
- Good Nutrition – Ensuring mothers and babies get the nutrients they need for healthy development.
- Addressing Risk Factors – Tackling poverty, education gaps, and poor sanitation, which contribute to poor health outcomes.

Every mother deserves high-quality care that supports not just her physical health, but also her mental and emotional well-being. Health systems need to be stronger and more inclusive, addressing not just obstetric emergencies, but also mental health, noncommunicable diseases and family planning—all of which play a crucial role in maternal and newborn health.

It's all about working together to give every mother and baby the best possible start in life. Whether it's through advocacy, policy changes, better healthcare access or education, we all have a role to play. When mothers and babies thrive, so do communities, societies and future generations.

The content of this article is intended for informational and educational purposes only and is not intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your physician or other qualified health provider with any questions you may have regarding any medical condition.



World Haemophilia Day

17 April 2025

Did you know that every year on 17 April, people around the world come together to raise awareness about haemophilia and other bleeding disorders? It's called World Haemophilia Day, and it's an important time to shine a light on the challenges faced by those living with these conditions.

This global event was first established in 1989 by the World Federation of Haemophilia (WFH). The date—17 April—was chosen to honour Frank Schnabel, the founder of WFH, who was born on this day. His work helped transform the way haemophilia is treated worldwide, and today, we continue his mission: improving care, increasing awareness, and ensuring that everyone with haemophilia has access to the treatment they need.

It's not just a day of reflection, but also a call to action—to support, educate, and advocate for a better future for people with haemophilia across the globe.

What is Haemophilia²

Haemophilia is a rare genetic condition that affects the blood's ability to clot properly. This happens because the body doesn't produce enough clotting factors, which are proteins needed to stop bleeding.

For most people, a small cut or injury stops bleeding quickly. But for someone with haemophilia, even minor injuries can lead to prolonged bleeding. More concerning, internal bleeding—especially in the joints, muscles, and organs—can cause severe pain, long-term damage and even become life-threatening.

While there is no cure for haemophilia, medical advancements have made treatment much more effective. People with haemophilia often receive clotting factor replacement therapy or newer treatments that help manage their condition and improve their quality of life.

If you or someone you know experiences these symptoms, it's important to see a doctor for testing and diagnosis. Early diagnosis can help prevent complications and improve long-term health outcomes.

Bringing Treatment to Rural Communities³

In South Africa, specialised haemophilia treatment centres are available in major cities, but access remains a major challenge—especially for people in rural areas. Many individuals with haemophilia go undiagnosed, suffering from unnecessary pain, disability and even life-threatening complications simply because they cannot receive the right medical care.

That's why the South African Haemophilia Foundation (SAHF) is working hard to bridge this gap. Their focus:

- Rural outreach programs to reach undiagnosed patients
- Training healthcare workers to recognise and manage bleeding disorders
- Using mobile health solutions to connect patients with doctors

By expanding access to diagnosis and treatment, we can ensure that no one is left behind, no matter where they live or their financial situation.

World Haemophilia Day is more than just a date on the calendar—it's a chance to spread awareness, support those affected and push for better healthcare access. Whether you share this information, donate to organisations supporting haemophilia care or simply start a conversation, every action counts.

The content of this article is intended for informational and educational purposes only and is not intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your physician or other qualified health provider with any questions you may have regarding any medical condition.

World Immunisation Week

24 – 30 April 2025

Did you know that vaccines have saved 154 million lives since 1974⁴? That's more than 3 million people every year—or put another way, six lives every minute for five decades! Thanks to immunisation, infant deaths have dropped by 40%, meaning more children than ever are celebrating their first birthdays and growing up strong and healthy. One vaccine alone—the measles vaccine—has accounted for 60% of those lives saved.

But vaccines aren't just for kids. Science has made incredible progress, giving us newer vaccines to protect people of all ages from malaria, HPV, cholera, dengue, meningitis, RSV, Ebola and mpox. These advancements are making the world safer and healthier every day.

Yet, millions of children still miss out on life-saving vaccines each year. That's why this year's World Immunisation Week theme - **"Immunisation for All is Humanly Possible"** - focuses on ensuring


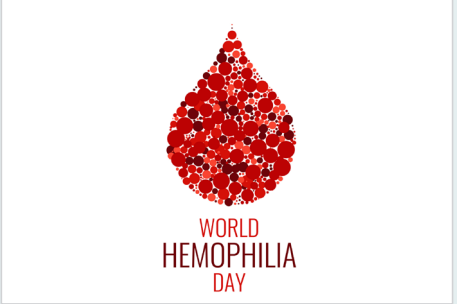
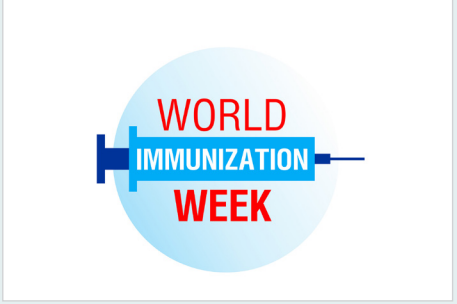
that every child gets the protection they deserve. As we reach the midpoint of the Immunisation Agenda 2030, this is a crucial time to reflect on how far we've come and what we can achieve in the future. With continued efforts, we can expand access to vaccines and protect even more people from preventable diseases.

World Immunisation Week is a powerful reminder of the impact vaccines have on our lives. So, let's spread the word, encourage vaccination and work towards a healthier future for everyone.

The content of this article is intended for informational and educational purposes only and is not intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your physician or other qualified health provider with any questions you may have regarding any medical condition.



For more Information

World Health Day	World Haemophilia Day	World Immunisation Week
		
	<p>What Are the Symptoms of Haemophilia</p> <p>Symptoms can vary depending on how much clotting factor is present in the blood. Some people might only notice excessive bleeding after surgery or a major injury, while others can experience spontaneous bleeding without any clear cause.</p> <p>Common symptoms include:</p> <ul style="list-style-type: none"> ▪ Excessive bleeding from cuts, injuries, surgeries, or dental procedures ▪ Frequent, large, or deep bruises ▪ Joint pain, swelling, or tightness caused by internal bleeding ▪ Blood in urine or stool ▪ Unexplained nosebleeds ▪ Bleeding after vaccinations ▪ Irritability in infants, which may indicate internal bleeding 	<p>To find out about vaccines that are available in South Africa, please visit: https://www.nicd.ac.za/assets/files/NICD_Vaccine_Booklet_D132_FINAL.pdf</p>
<p>To find out more, please visit: https://www.who.int/campaigns/world-health-day/2025</p> <p>https://www.who.int/campaigns/world-health-day/2025</p>	<p>To find out more, please visit: https://haemophilia.org.za/</p> <p>#WorldHaemophiliaDay</p> <p>https://www.mayoclinic.org/diseases-conditions/hemophilia/symptoms-causes/syc-20373327#:~:text=Hemophilia%20is%20a%20rare%20disorder,if%20your%20blood%20clotted%20properly.</p> <p>¹https://haemophilia.org.za/strategic-planning-weekend-a-path-to-equitable-care/</p>	<p>For more information, please visit: https://www.who.int/news-room/events/detail/2025/04/24/default-calendar/world-immunization-week-2025---immunization-for-all-is-humanly-possible</p>

Human Capital

We focus on Communication and Engagement, across Insurance, Retirement and Health, to Advise and Deliver solutions that create great Client Impact. We partner with our clients and seek solutions for their most important people and HR challenges.

Aon Resolution Centre (ARC)

If you do not get satisfactory assistance from your medical scheme, please do not hesitate to contact your allocated Aon Employee Benefits Healthcare Consultant or the **Aon Resolution Centre (ARC) on 0860 100 404**. Please remember to get a reference number from your medical scheme when escalating your query to the Aon Resolution Centre (ARC).

Don't be left exposed. Get Gap Cover today.

Gap cover policy gives you peace of mind and may cover the unexpected in-hospital shortfalls, out of hospital co-payment and deductibles which are not covered by your medical scheme, that may compromise you financially. The medical schemes shortfalls are a result of medical practitioners such as Anaesthetists, Surgeons and other Specialists charging more than the medical scheme rate, which you as a member are liable for.

We are pleased to inform you that Aon has negotiated a favourable underwriting window period with some Gap Cover providers for you and your family. Please contact Aon on **0860 100 404** or arc@aon.co.za for further information. You may also contact the Aon Resolution Centre should you require a comparison between your current provider and other Gap cover providers.

This is not a medical scheme and the cover is not the same as that of a medical scheme. This policy is not a substitute for medical scheme membership.

Household and Motor Insurance

Aon also provides Household and Motor Insurance. If you would like to know more send an e-mail to: quoteme@aon.co.za or call us **0860 100 404**.

Disclaimer:

Aon South Africa (Pty) Ltd is an Authorised Financial Services Provider, FSP 20555

The content hereof is intended for informational and educational purposes only and is not intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your physician or other qualified health provider with any questions you may have regarding a medical condition. Although we take efforts to ensure that the medical information is up to date, we cannot guarantee that the content reflects the most up-to-date research. Whilst we have made every attempt to source the most reliable information for distribution and awareness of our clients, we confirm that the information in the attached brochure should not be construed as medical advice and recommend that you consult a medical practitioner to discuss your concerns and confirm a diagnosis. This document has been compiled using information available to us at date of publication.

Connect with us

We focus on communication and engagement, across insurance retirement and health, to advise and deliver solutions that create great client impact. We partner with our client and seek solutions for their most important people and HR challenges. We have an established presence on social media to engage with our audiences on all matters related to risk and people.

For more information from Aon Employee Benefits on healthcare, retirement benefits and a wide range of topics feel free to go to www.aon.co.za



<https://www.facebook.com/AonSouthAfrica/>
Click "Like" on our page (Aon healthcare)



http://twitter.com/Aon_SouthAfrica
Click "follow" on our profile

Human Capital

Aon South Africa Pty Ltd, an Authorised Financial Service Provider, FSP # 20555.

<https://www.aon.co.za/legal/disclaimer>

On all services provided, Aon's Terms & Conditions of Business, as amended from time to time, are applicable and can be found at <http://www.aon.co.za/terms-of-trade> or will be sent to you upon request.

<https://www.aon.co.za/legal/privacy-notice/>

Copyright© 2025. Aon SA (Pty) Ltd.
All rights reserved.